

# Track and Field

## Site Inspection



### University of Kentucky – Lexington, Kentucky

Site Inspection – Gordon D. Bocoek – KHSAA Track and Field Consultant .

Wednesday, April 28, 2004

### Pole Vault

<b>Landing Pad</b> 19' 8" wide 20' 2" deep 16' 5" back of box Runway 130'	The University of Kentucky has two venues that can be used for pole vault competition. Pole Vault Pad #1 is the area normally used in years past. The concrete slab is 22' wide and 31' deep with a runway of 148'. Pole Vault Pad #2 is the concrete slab closest to the start of the 300 hurdles and the pad is 21' wide and 25' deep with a runway of 142'. The boys will be on Pad #1 and using the landing pad of Paul L. Dunbar High School which meets all the National Federation requirements. The girls will be using Pad #2 and using the landing pad of Tates Creek High School which meets all the National Federation requirements. Both runways are in fairly good condition but Pad #1 is starting to show its age with some patches of the rubber surface missing.
<b>Planting Box</b>	The planting boxes on both venues look to be in pretty good shape but will need to have the water drained and the boxes painted a bright white or yellow color to provide better visibility of the athletes. Boxes are properly put in the ground and should be in excellent condition when painted.
<b>Standards/Crossbar</b> 13'8" – 14'8" Bar 14'10"	Will bring the standards from both Paul Dunbar and Tates Creek High School just to make sure they are ready to be secured if the University equipment is not available. Standard bases are already secured on pad #1 and they will have to be checked to see if they fit the Dunbar equipment. Standards will need to be secured on Pad #2. Need to have all the crossbars UK has plus the bars that Paul Dunbar and Tates Creek have just to make sure we have a ample supply. Cross bars need to be labeled so that they find there way back to the proper home.
<b>Surrounding Area</b>	Any hard and unyielding surfaces must be padded or cushioned with a minimum of 2 inches of dense foam or other suitable material. Pad #1 is the biggest pad and will have a concrete surfaces on both sides and a large area in the back that will need padded. Pad #2 is smaller in size but will still have concrete surfaces on both sides and in the back that will require padding. The area will need the usual flagging between the pole vault and long jump venues. Will need the height indicator board.
<b>Weigh In of Athletes</b>	It is <u>highly</u> recommended that the Pole Vault Official have scales provided by the host school to weigh the Vaulters to assure that there weight is in compliance with what is listed on the vaulting pole.
<b>Coaching Box</b>	A Coaching Box must be set up outside the track oval in the area

	near the start of the 200 Meter Dash at lane 8 and 9. This area will need a set of portable bleachers and it will need to be flagged off.
<b>Pole Vault Venue</b>	Bringing in two new pole vaulting pits to make it possible to have both the boys and girls pole vault on Friday. The pads are to be delivered on Tuesday and will need to have the standard bases secured to the surface hopefully on Tuesday afternoon.

<b>High Jump</b>	
<b>Landing Pit 16' by 8'</b>	The high jump landing pad is starting to show its age and some of the rings and clips are starting to break loose. The three pieces of the padding are properly put together and a common cover is in place to bring the pieces together for a safe landing surface. A weather pad is in place to protect the pad from the weather elements.
<b>Standards/Crossbar 12' apart Bar - 12'</b>	The high jump standards were observed and they are in good working condition. Will need to check the number of cross bars to make sure that Meet Management can conduct the event without delays.
<b>Surrounding Area</b>	The high jump apron is still in pretty good shape but it is faded very badly. The area around the high jump pads is the soft rubber surface of apron and padding will not be needed. Area will need flagging to separate the various field event venues around them. We will need the height indicator board.
<b>High Jump Venue</b>	The equipment is starting to show wear and tear but is adequate for the meet this year. Pit will need to be looked over closely if used another year.

<b>Long Jump and Triple Jump</b>	
<b>Landing Pit 9' by 15'</b>	The long jump pit will be in the sand pit closest to the pole vault runway. The pit is 10' wide and 28' long with concrete edges. The triple jump will be in the sand pit closest to the 100 Meter Start. The pit is 10' wide and 28' long with concrete edges.
<b>Take Off Marks 12' or 8' 32' or 28'</b>	The runway on the Long Jump pit is 190' long and still in pretty decent shape. The condition of the board inserts is not known and needs to be checked. The take off marks on the Long Jump board is set at 12'. The Triple Jump runway is well over the 130' recommended. A line is painted at 32' for the triple jump and a board is set at 42'. Taped lines will be added as necessary for the different levels of ability in the meet.
<b>Rakes/Shovel Brooms</b>	We would like to have two rakes and a broom at both venues.
<b>Sand Level</b>	The Long Jump pit appears to not have been used since the State Meet in 2004. It will need to be totally worked up, loosened up and fluffed to make a safe landing for all the athletes. This work up will need to be done to determine if sand must be added to bring the sand level to the same level as that of the runway and the concrete edges. The Triple Jump shows signs that it will need sand but it too will need to be totally worked up, loosened up and fluffed to assure a safe landing.
<b>Surrounding Area</b>	We will need the distance indicator boards at both venues. Flagging of the area as usual.
<b>Long Jump/ Triple Jump Venue</b>	A lot of work will need to be done on both sand pits to get them in a safe condition for jumping.

<b>Shot Put</b>	
<b>Circle</b>	The 12' x 12' concrete slab located in the center of the oval is the one we will be using for the state meet. The circle is in pretty good shape. The toe board is in good condition.
<b>Sector and Markings 40* or 60 *</b>	A reminder that this year the state meet will use a 40 degree sector for the shot put competition.
<b>Surrounding Area</b>	The cross ties that are located at the shot put venue need to be checked and possibly secured for safety. They are coming apart and could present a safety issue. Flagging as usual in this area. Will need the distance indicator at this venue.
<b>Weight Implements</b>	It is <u>highly</u> recommended that the Shot Put Officials be provided with the necessary equipment, provided by the host school, to properly weight the throwing implements and the a marking material to indicate proper weight.
<b>Shot Put Venue</b>	The year we are using the 40 degree sector for the first time so please pass that information on to the maintenance department.

<b>Discus Throw</b>	
<b>Cage</b>	The discus venue is the best field event venue at the UK complex. The cage is a legal international cage and meets all the requirements of the National Federation. The gates on the front of the cage can be moved and secured to the proper distance. We will need to be able to close the gates when the venue is closed and we will need to be able to secure the gates at a 4 - 5' distance from the sector lines when warm ups and competition are taking place.
<b>Circle</b>	A very good throwing circle that meets all the requirements of the National Federation.
<b>Sector and Markings 40 * 2'9.75"</b>	The sector lines will need to be marked at 40 degrees.
<b>Surrounding Area</b>	The discus throwing venue will need to be flagged from the finish line gate to the baseball field. We will need a distance indicator board for this venue.
<b>Weigh Implements</b>	It is highly recommended that the Discus Officials be provided with the necessary equipment, provided by the host school to properly weigh the throwing implements and the marking material to indicate proper weight.
<b>Discus Venue</b>	Discus venue is in very good shape.

<b>Running Track</b>	
<b>Lanes Number &amp; Size General overall Conditions and concerns</b>	The University of Kentucky Track and Field Complex is a 9 lanes 42" 400 Meter Track. The track is a very faded North Carolina Blue with white lane markings. The track has a metal rail on the inside of lane one that needs some attention in the first curve and on the back stretch. The markings are much better than I expected them to be.
<b>Stagger Colors:</b>	1 Turn - Black      3 Turn - Green 2 Turn - Red      4 Turn - Yellow Waterfall line is white.
<b>Relay Colors:</b>	4 X 100 - Red/Red/Red 4 X 200 - Yellow/Yellow/Red 4 X 400 - Green/Green
<b>Break Lines</b>	Small white triangles.

<p><b>Hurdle Colors</b></p> <p><b>Overall condition of the hurdles</b></p>	<p>100 Girls – Yellow 110 Boys – Green 300 Hurdles – Black 400 Hurdles - Red</p> <p>We will need all the hurdles as in the past to cover the 90 on the straightaway and those 28 additional for the backstretch.</p>
<p><b>Starting Blocks Number and condition</b></p> <p><b>Block Cart</b></p>	<p>We will need 9 sets of starting blocks. Please check to make sure the blocks have new spikes to assure them holding to the track.</p> <p>We will need the block cart.</p>
<p><b>Starting Line Safety</b></p>	<p>The gate at the finish line needs some attention to make sure it can be closed and fastened. The gate at the starting line of the 100 Meter dash needs blocked off and closed.</p>
<p><b>Finish Line Safety</b></p>	<p>Fine if the gates at the finish is working properly.</p>
<p><b>Surrounding Areas (This could include bleachers, fencing, tree limbs, etc.</b></p>	<p>It appears that the large hole that was forming in the ground near the track shack has been filled and no more appear to be around. The large pile of limbs and trash near the Park Avenue gate needs some attention. The mounds of what ever near to the right of the side walks coming down to the track need some attention.</p>
<p><b>PA / Press Box</b></p>	<p>Not sure the Press Box has ever been adequate. Need 2 microphone hook ups. It needs to be tested to make sure all the speakers are working and the system is ready to go.</p>

<p><b>Officials Overall view of this Track and Field Complex</b></p>	<p>Hopefully the new and improved version is on the way ..... This venue needs help.</p>
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Respectively submitted,

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Please complete the Site Inspection Form and e-mail to [coachbo@charter.net](mailto:coachbo@charter.net)

